



Safer Internet Day Tuesday 7th February 2023



This year's theme is - 'Want to talk about it?
Making space for conversations about life online.'

As adults we use technology and the internet as part of our daily lives and now children have more open access to these devices. It is important that children are aware of how to use the internet safely and to have open and honest conversations together.

Here are some top tips to support your children at home:

- Ask them what they like to do online.
- Explore the internet together.
- Remind them not to share personal information with others online.
- Discuss who they can speak to if they feel unsafe online or something 'doesn't feel right'.
- Open and honest conversations about their internet usage.
- Set boundaries and parental controls on devices.

Many children have access to devices and tablets. Here are some recommended apps you could use with your child.

Recommended Apps for 3-7 year olds

